

## Blue Shield Tactical Blueshieldtactical.com

## **Course Content**

- Movement drills
- Handcuffing
- Striking
- Weapon disarmament
- Weapon retention
- Weapon drills
- Ground control
- Submission locks
- Control holds
- Team control
- Teaching methodologies
  and policy
  recommendations







McKinney, TX August 5th - 9th, 2024 Eligible for 40-hours TCOLE credit Denton, TX March 17th - 21st, 2025

**CLOSE CONTACT DEFENSE** 

INSTRUCTOR LEVEL 1

40 HOURS

Eligible for 40-hours TCOLE credit

This 40-hour defensive tactics training program is taught by law enforcement for law enforcement. This close contact defense instructor course Level 1 focuses program takedowns on and law enforcement control holds. The forming of a stateof-the-art defensive tactics training program that engages your officers and is applicable for the street is never an easy task. This course provides all the necessary tools based upon years of both police and martial arts experience that have been proven to work in the field. This is not your ordinary defensive tactics program that has been used for the past 20 years in law enforcement that actually has no practical application in the current climate.

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