

# **Blue Shield Tactical**



## **Officer Safety: Surviving in** your Office \$199 8 hours



Contact us about hosting!

Course Description: In this intensive 8-hour training, law enforcement professionals will delve into the essential components of tactical readiness and mental resilience. Our focus? To equip officers with the tools needed to navigate crisis situations confidently and maintain peak performance. Here's what the course covers:

### Combatting Complacency:

- o Understand the dangers of complacency and its insidious effects on officer safety.
- Learn strategies to stay vigilant and proactive in the face of routine tasks.

#### Survival Mindset Strategies:

- Explore a strategy-based mindset that enhances situational awareness and decision-making.
- Discuss techniques for managing stress and maintaining focus during critical incidents.

#### Critical Training and Survival Skills:

- o Dive into essential training areas, including use-of-force protocols, defensive tactics, and emergency response.
- Acquire practical skills to enhance survival in high-risk scenarios.

#### Facing the Unknown: Preparedness Beyond Routine:

- Challenge assumptions about safety based on location or past experience.
- o Prepare for the unexpected by adopting a forwardthinking mindset.

#### Learning from Tragedy: Insights from FBI Studies:

- Analyze case studies of officers killed in the line of duty.
- o Understand patterns, vulnerabilities, and lessons to prevent future tragedies.

Navigating External Influences: Social Media, Reforms, and Wellness:

- Discuss the impact of social media on law enforcement perception and officer behavior.
- o Explore the effects of judicial reforms and their implications for policing.
- Prioritize officer mental wellness and address PTSD risks.

Our mission is to empower officers to thrive in their roles, adapt to evolving challenges, and safeguard their well-being.







